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#### CHILD AND ADOLESCENT HEALTH CENTER PROGRAM

Child and Adolescent Health Centers (CAHC) promote the health of children, adolescents, and their families by providing important primary, preventative, and early intervention health care services. The CAHC program is jointly funded by MDHHS and the Michigan Department of Education. Three models of service delivery exist-clinical health centers, school wellness program, and behavioral health service model.

- Clinical Health centers provide primary care (including well care and diagnosis and treatment for both acute and chronic illness), psychosocial and health promotion/disease prevention services, Medicaid outreach activities and access to Medicaid preventive services.
- The School Wellness Program health centers focus on limited clinical services, mental health services, case finding, screening, immunizations, referral for primary care, and providing health education services (no primary care services are provided).
- The Behavioral Health Service model provides a full-time licensed mental health counselor to a school. Services include individual and family counseling, screenings, group education, and intervention. Two sites are available in Wayne and Muskegon counties.

CAHCs accept all third-party payers including Medicaid Health Plans (MHP), fee-for-service (FFS) Medicaid, private insurance, and accept uninsured children and adolescents.

The program administers 82 clinical and alternative clinical centers, 14 School Wellness Programs and 4 Behavioral Health Service models throughout the state. The clinical program is targeted to uninsured, underinsured and Medicaid eligible children and adolescents ages 5-21 as well as infants and children of eligible adolescents. For more information on CAHC and a map of sites; see <a href="Child and Adolescent Health Centers">Child and Adolescent Health Centers</a>

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## HEALTH CARE RESOURCES AND SPECIALITY PROGRAMS

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#### CHILDREN'S SPECIAL HEALTH CARE SERVICES

Children's Special Health Care Services (CSHCS) is a program administered by the MDHHS and created to identify, diagnose, and treat children in Michigan who have chronic illnesses or disabling conditions. CSHCS helps children with chronic health problems and their families and caregivers by providing:

- Coverage and referral for specialty services based on the child's health problems.
- Family-centered services to support the primary caregiver of the child.
- Community-based services to help care for the child at home and maintain normal routines.
- Culturally competent services, which demonstrate awareness of cultural differences.
- Coordination of services from different providers.

CSHCS covers medically necessary services related to the qualifying condition for individuals who are enrolled in the CSHCS program. CSHCS covers approximately 2,600 medical diagnoses that require care by a medical or surgical subspecialist and are handicapping in nature. Diagnosis alone does not guarantee medical eligibility for CSHCS. The individual must also meet the evaluation criteria regarding the level of severity, chronicity, and the need for annual medical care and treatment by a physician subspecialist.

#### CSHCS Application Process

Medical eligibility must be established by CSHCS before application for CSHCS coverage. This is the first requirement in the CSHCS application process. CSHCS requires the following steps:

- 1. The child's physician subspecialist must submit a medical report to the CSHCS describing the condition and treatment plan, either by:
  - A letter or office records with the necessary information.

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## HEALTH CARE RESOURCES AND SPECIALITY PROGRAMS

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 Completion of the MSA-4114, Medical Eligibility Report Form (MERF). The physician subspecialist also may complete a downloadable copy at <u>Medical Eligibility</u> Report Form.

**Note:** If the child is enrolled in a Medicaid Health Plan (MHP), the MHP is responsible for the evaluation.

- 2. Once the medical report is received, a CSHCS medical doctor will review the medical report to determine medical eligibility.
- 3. Based on medical information submitted by providers, if the child is found CSHCS eligible, an application for determination of non-medical program criteria will be sent to the child/family.
- 4. The application must be completed and submitted to CSHCS as directed on the application form. CSHCS will send a notification by mail if the application is incomplete and cannot be processed. The required information must be submitted within 30 calendar days from the date of the CSHCS letter to preserve the initial coverage date. Failure to submit the required information within the required time frame may result in the CSHCS coverage date being delayed.

#### **CSHCS Application Signature**

Applications must be signed by the medically eligible individual (when legally responsible for self), or the person(s) who is legally responsible for the individual. Verification of legal guardianship may be required. Only the parent(s) or legal guardian may sign a CSHCS application for temporary court wards. The caseworker may sign the CSHCS application only if the foster child is an MCI ward. The foster care provider cannot sign the CSHCS application.

#### Medicaid and CSHCS

The CSHCS fee is waived for children on Medicaid, MiChild, or WIC. Children can be covered by Medicaid (through fee-for-service MA) and/or private insurance at the same time as CSHCS coverage. The insurance provider and CSHCS will coordinate the covered benefits for services related to the covered condition. CSHCS also requires compliance with the insurance plan.

For more information, see <u>Children's Special Health Care Services</u>.

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#### FAMILY SUPPORT SUBSIDY PROGRAM

The Family Support Subsidy (FSS) Program provides financial assistance to families that include a child with severe developmental disabilities. The intent is to help make it possible for children with developmental disabilities to remain with or return to their parents or adoptive families. The program provides a monthly payment of approximately \$229, intended to cover special expenses incurred while caring for their child.

#### Family Support Subsidy Program Eligibility

#### Eligibility Criteria:

- Child must be younger than 18 years of age and live in the family home in Michigan and reside with the child's parent or legal guardian. A child's foster parents are not eligible for the FSS program.
- The family's most recently filed Michigan income tax form must show a taxable income of \$60,000 or less.
- The Multidisciplinary Evaluation Team of the local public or intermediate school district must recommend the child under one of the three educational eligibility categories:
  - Cognitive impairment (CI). Children with an eligibility category of CI may be eligible if their development is in the severe range of functioning as determined by the local or intermediate school district.
  - Severe multiple impairment (SXI).
  - •• Autism spectrum disorder (ASD). Children with ASD must be receiving special education services in a program designed for students with autism or in a program designed for students with severe cognitive impairment or severe multiple impairments.

In cases in which the child is not receiving special education services or if it is not known if the child is receiving special education services, contact the director of special education at the local or intermediate school district.

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Applications are available at all community mental health services programs (CMHSPs) throughout the state. CMHSP contact information is available online at <a href="Community Mental Health Boards">Community Mental Health Boards</a>. Contact the local CMHSP for addition information and/or see the Family Support Subsidy Program Brochure.

## FEDERALLY QUALIFIED HEALTH CENTERS

Federally Qualified Health Centers (FQHCs) are community-based health care providers funded by the HRSA Health Center Program to provide primary care services for underserved areas or populations. A stringent set of requirements must be met, including providing care on a sliding fee scale based on ability to pay. Medicaid and Medicare are also accepted. FQHCs may be community health centers, migrant health centers, health care for the homeless, and health centers for residents of public housing.

Comprehensive health services (either on-site or by arrangement with another provider) are provided including:

- Preventive health services.
- Dental services.
- Mental health and substance abuse services.
- Transportation services necessary for adequate patient care
- Hospital and specialty care.
- Discounts for pharmaceutical products.
- Free vaccines for uninsured and underinsured children.

FQHCs may be a resource for parents, other family members or children returned home who are no longer able to access the child's medical home.

To find a local FQHC, see <a href="https://findahealthcenter.hrsa.gov/">https://findahealthcenter.hrsa.gov/</a>

## HEALTHY KIDS DENTAL (HKD)

Healthy Kids Dental (HKD) is a program that provides dental health coverage to children who are Medicaid beneficiaries, enrolled in one of the managed care dental health plans. Blue Cross Blue Shield of Michigan (BCBSM) and Delta Dental of Michigan administer the two dental health plans for HKD.

Covered services include:

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- Oral exams.
- Teeth cleanings.
- Fluoride treatments.
- X-rays.
- Screenings and assessments.
- Fillings.
- Sealants.
- Stainless steel or resin crowns.
- Crown buildup, including pins.
- Space maintainers.
- Re-cementing of crowns, bridges and space maintainers.
- Root canals.
- Extractions.
- Complete, partial and temporary partial dentures.
- Denture adjustments and repairs.
- Denture rebases and relines.
- Emergency treatment to reduce pain.

#### Finding an HKD Dentist by Location

To find a dentist that participates in one of the two dental plans, see the following links:

- <u>Delta Dental of Michigan</u>
- BCBSM Dental (through DentaQuest)

# FOSTERING MENTAL HEALTH FOR CHILDREN AND YOUTH

Children in foster care may be at greater risk for mental health problems, due to maltreatment and separation from family. These children need access to the latest mental health information and resources, and so do their parents, guardians, foster parents, and foster care and health care professionals. Here you will find answers to the top questions about physical health, mental health, and psychotropic medications, with a particular focus on the needs of children in the foster care system. See information and resources at this site, Foster Care/Fostering Mental Health.

#### **POLICY CONTACT**

Questions about this policy item may be directed to the <u>Child</u> Welfare Policy Mailbox.