

TREATMENT SETTINGS, SERVICES, AND LOCATIONS

Setting	Services Provided	Locations	Notes
Outpatient treatment	1-8 hours per week Pharmacotherapy, health and psychosocial individual and group therapy; case management; drug testing	Freestanding facility Hospital Community based health or social service agency	Levels of intensity and frequency vary, depending on treatment needs.
Intensive outpatient treatment	9-70 hours of treatment per week (8-10 hours/day) to patients who do not live onsite Group therapy, medical and psychosocial therapy, pharmacotherapy, relapse prevention training, individual counseling, family involvement, withdrawal management; case management; drug testing	Community based agency Homeless shelter Jail Prison Hospital	Weekend and/or evening programs may be available for working individuals.
Residential treatment	24-hour care and/or support for clients who live on premises Structured individual and group therapy, pharmacotherapy, stringent behavioral norms and expectations, and increasing task responsibility to accomplish with associated privileges; drug testing as needed		
Therapeutic community	Shared sense of responsibility, loose structure, and emphasis on support and rehabilitation	Therapeutic Community: • Live-in facility • Freestanding facility • Component of correctional facility	Therapeutic Community: • Professional staff and group leaders (often program graduates)
Transitional living facility		Transitional Living: • Small, home-like settings; may include quarterway and halfway houses and extended care facilities	Transitional Living: • Some have professional staff and offer formal treatment; others provide only peer support
Inpatient hospitalization	24-hour services for: • Short-term detoxification • Medical and psychiatric crisis management • Psychosocial rehabilitation • Combination of above	General medical hospital Psychiatric hospital Freestanding addiction treatment program facility	Stringent safety measures and monitoring, especially for clients who may harm themselves or others

Adapted from Landry, 1995